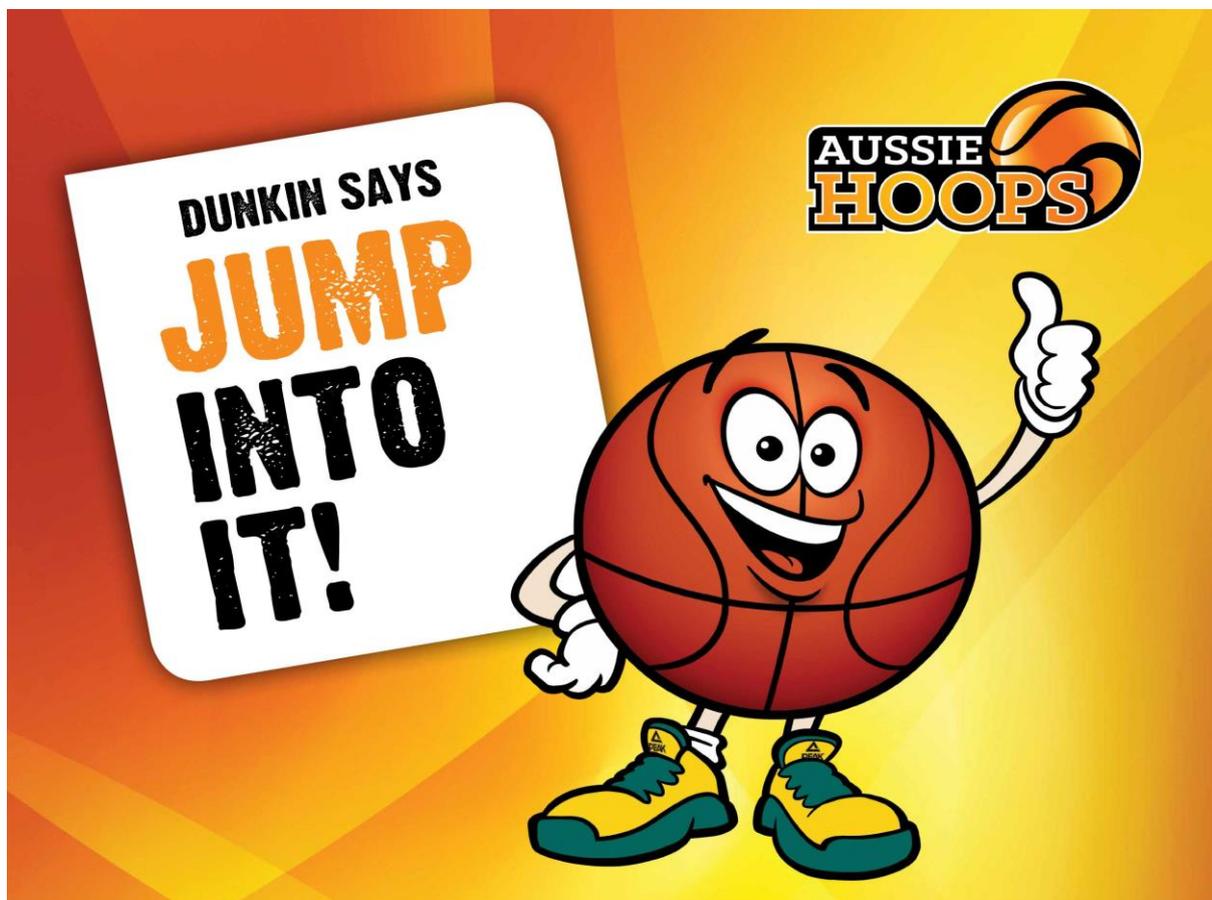


WYNDHAM BASKETBALL AUSSIE HOOPS FUN PACK

Attention all current and future Aussie Hoops Superstars! The Wyndham Basketball Association takes the development of its athletes very seriously. Aussie Hoops is an important part of our player pathway and we want to do all we can to stay connected with our community during these hard times. Below you will find an Aussie Hoops fun pack that is full of activities and weekly skill challenges to keep you active over the next few weeks. Although unnecessary, we would like to encourage you to send us video or photo updates as you work your way through this pack. You just may get featured on our Wyndham Basketball Association Facebook page! Any questions, concerns, or updates please feel free to contact WBA Basketball Development Officer Emilee Harmon at emilee.harmon@werribeebasketball.com.





WYNDHAM BASKETBALL AUSSIE HOOPS FUN PACK

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- 4. Word Search**
- 5. Multiple Choice Quiz**
- 6. Fill In The Basketball Court Diagram**
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- 9. Color In The Basketball**
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- 17. Fill In The Basketball Court Diagram Answers**

HAVE FUN!!!



WYNDHAM BASKETBALL AUSSIE HOOPS FUN PACK

Aussie Hoops Word Scrabble

1. BATSBLAEKL -

2. ARTSAILAU -

3. OSOHP -

4. ROMEOSB -

5. PSAOL -

6. ICNAHPOM -

7. IOLCMPYS -

8. SAML NKUD -

9. OGLD -

10. HWMADYN -



WYNDHAM BASKETBALL AUSSIE HOOPS FUN PACK

WORD SEARCH

H	K	I	E	K	I	Z	L	Z	I
Y	O	Y	K	U	G	E	I	L	T
X	S	O	D	G	S	W	V	E	X
L	U	S	P	J	E	V	E	I	T
H	V	G	A	S	O	M	L	S	F
V	L	W	V	P	T	C	B	S	X
X	T	P	Q	O	E	U	B	U	H
G	D	B	O	N	U	E	I	A	T
W	N	H	V	U	L	T	R	Z	C
G	S	M	K	B	B	C	D	A	N

PASS SHOOT DRIBBLE

HOOPS AUSSIE



WYNDHAM BASKETBALL AUSSIE HOOPS FUN PACK

Multiple Choice Quiz

1. How many points is a made basket inside the arch worth?

- A. Two
- B. Three
- C. One
- D. Four

2. What action do I take to get the basketball to my teammate?

- A. Shoot
- B. Dribble
- C. Pass
- D. Walk It to them

3. During a game - how many players in total are allowed on the court at once?

- A. Five
- B. Ten
- C. Eight
- D. Twelve

4. What is the name of the Australian Women's Olympic Basketball Team?

- A. Quartz
- B. Kangaroo's
- C. Boomers
- D. Opals

5. During a game if I move more than 2 steps without dribbling the basketball; it is call a what?

- A. A Charge
- B. A Carry
- C. A Foul
- D. A Travel

6. 4. What is the name of the Australian Men's Olympic Basketball Team?

- A. Quartz
- B. Kangaroo's
- C. Opals
- D. Boomers

WYNDHAM BASKETBALL AUSSIE HOOPS FUN PACK

Fill In The Basketball Court Diagram

Sidelines: **Red**

Baselines: **Blue**

Half Court Line: **Yellow**

Center Jump Circle: **Purple**

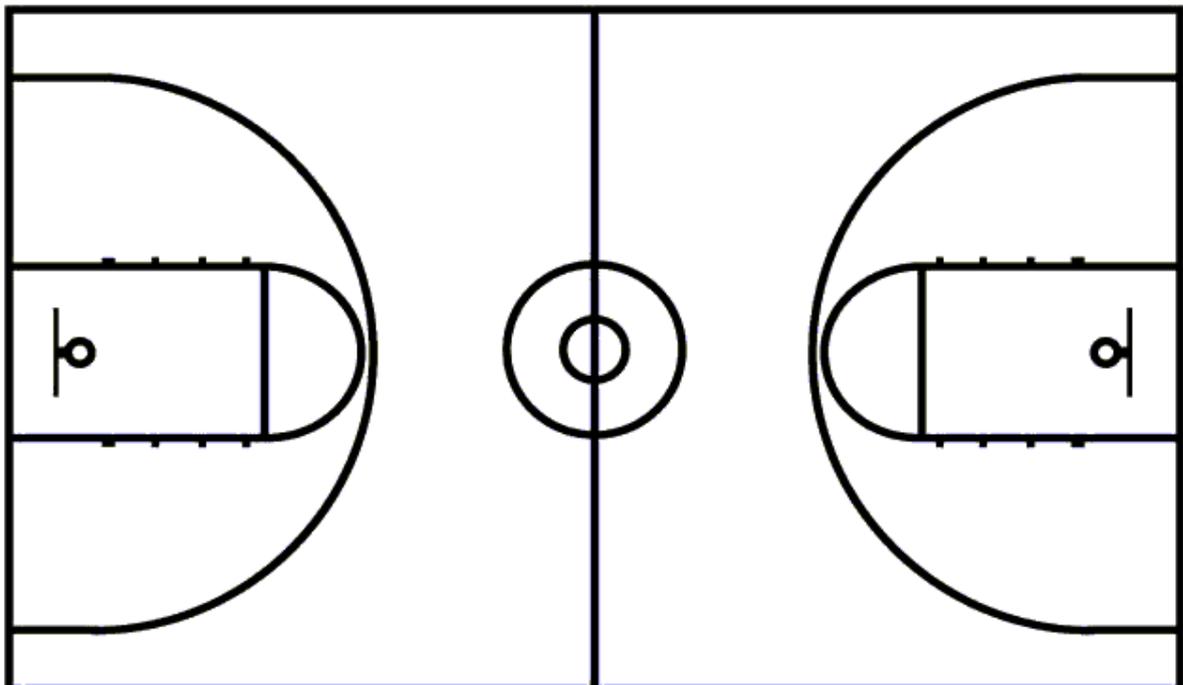
Free Throw Line: **Orange**

Three Point Arch: **Pink**

Inside The Three Point Arch: **Green**

Inside The "Lane", "Key", or "The Paint": **Grey**

Both Half Courts: **Color Of Your Choice**



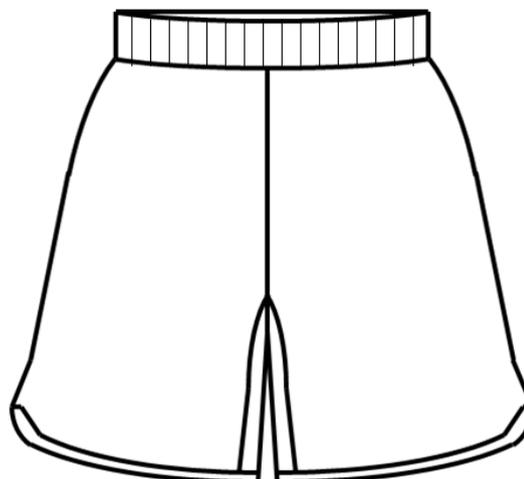
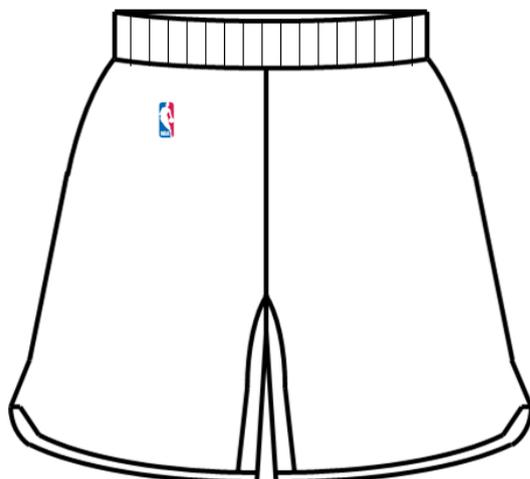
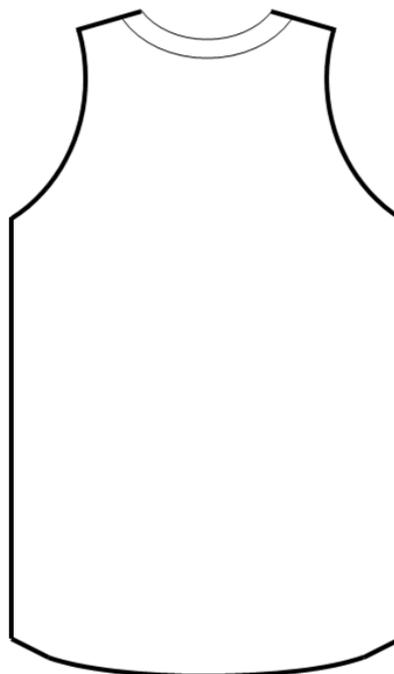
WYNDHAM BASKETBALL AUSSIE HOOPS FUN PACK

Design your Own Wyndham Aussie Hoops Singlet

Front

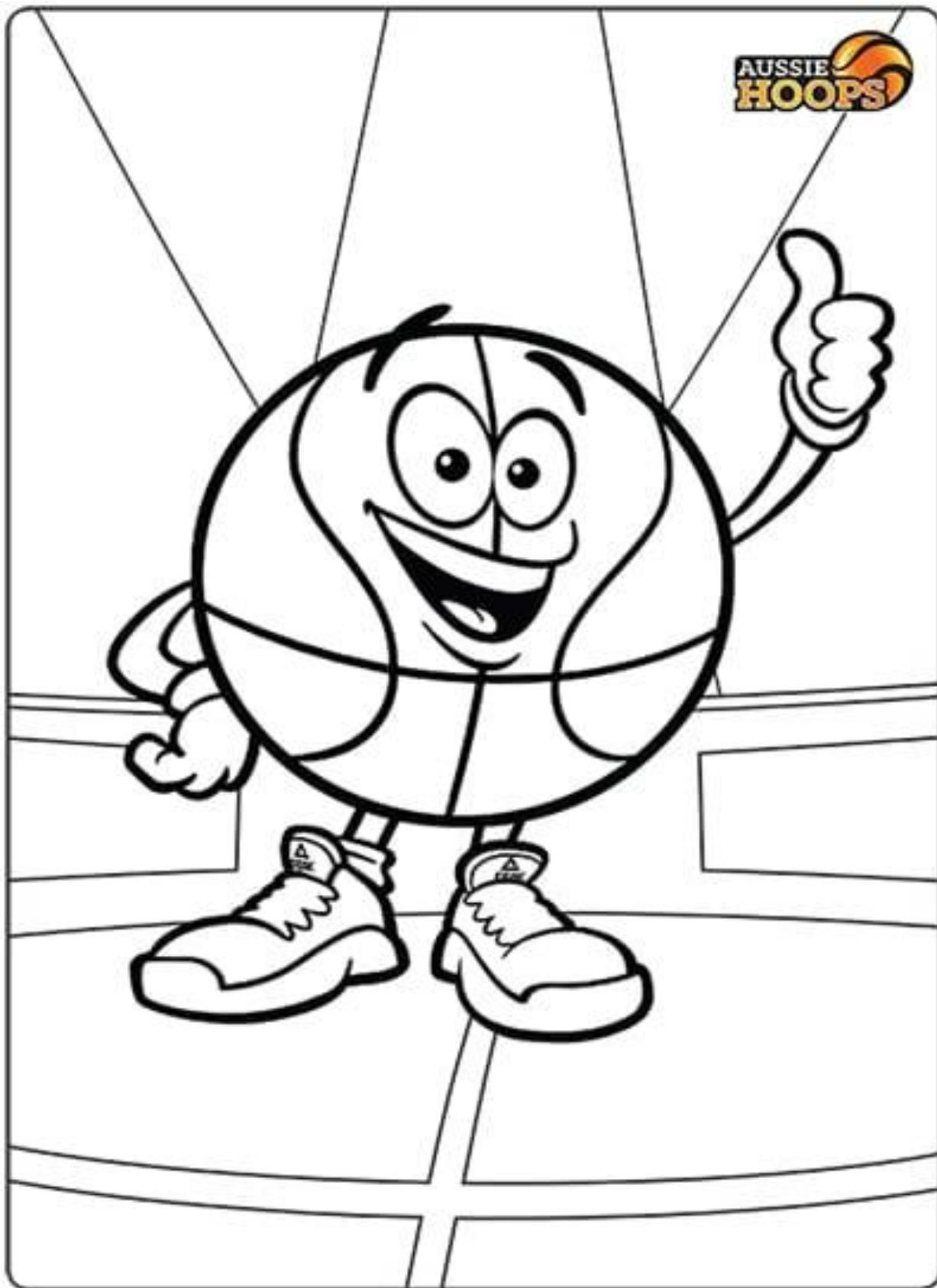


Back

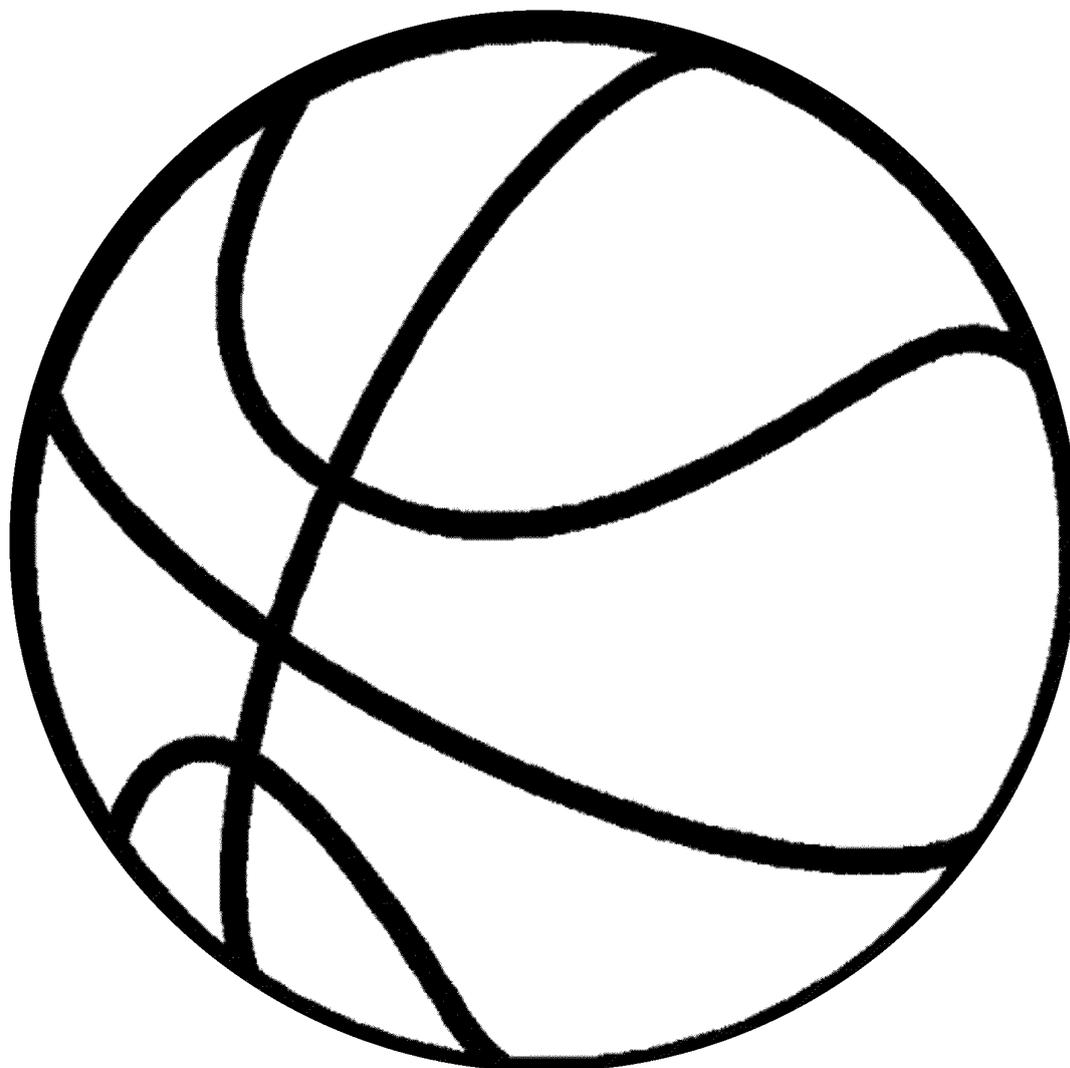


WYNDHAM BASKETBALL AUSSIE HOOPS FUN PACK

Color In Dunkin'



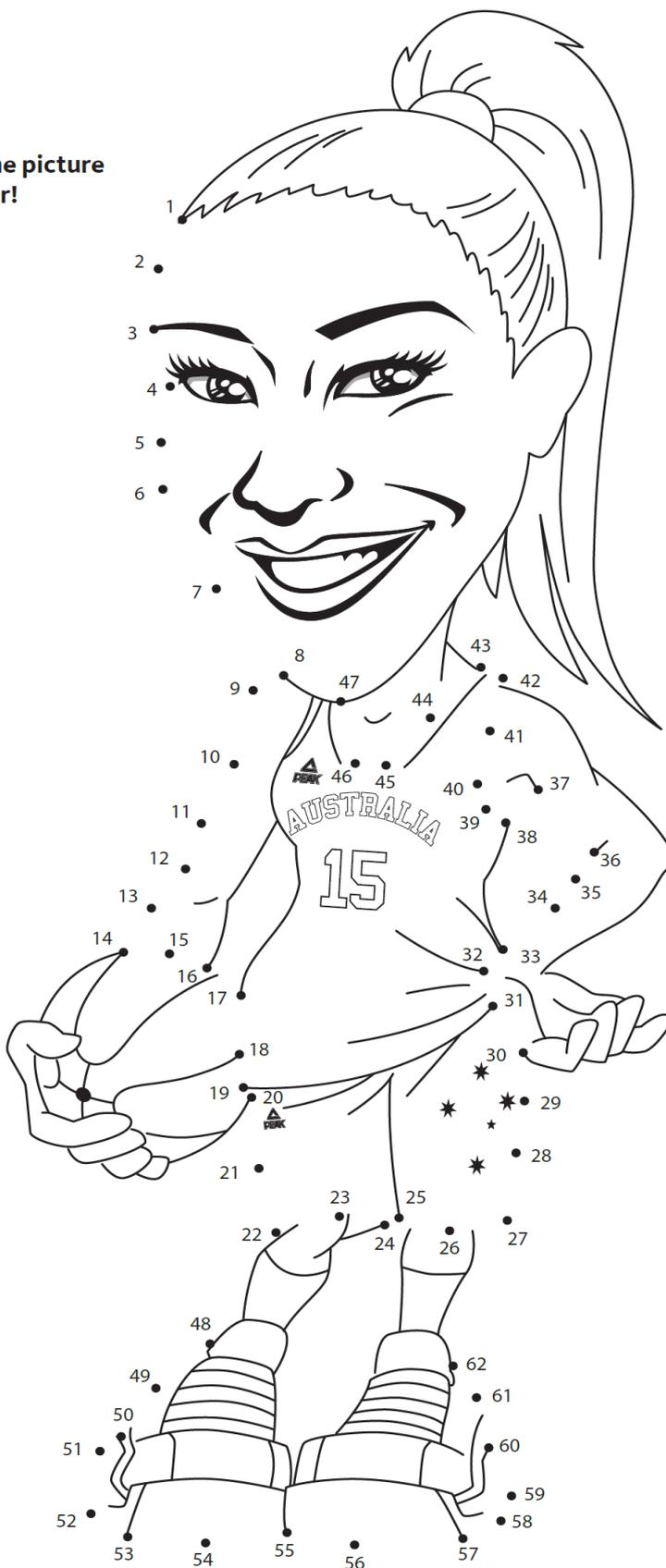
Color In The Basketball



WYNDHAM BASKETBALL AUSSIE HOOPS FUN PACK



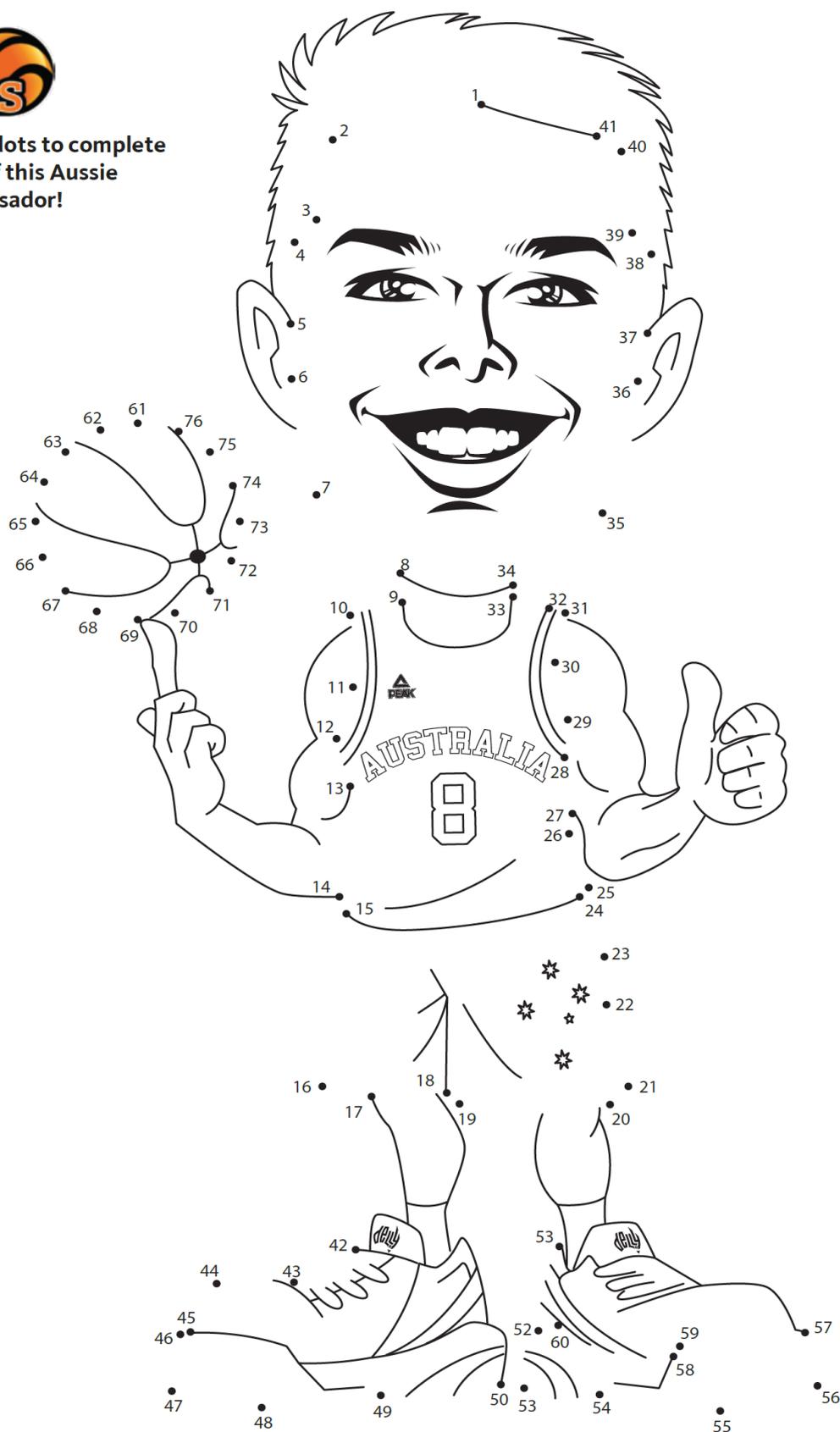
Connect the dots to complete the picture of this Aussie Hoops ambassador!



WYNDHAM BASKETBALL AUSSIE HOOPS FUN PACK



Connect the dots to complete the picture of this Aussie Hoops ambassador!



WYNDHAM BASKETBALL AUSSIE HOOPS FUN PACK

1,000 Bounce Challenge!

Can you complete 1,000 bounces with your left and right hand? Color in as you go!





WYNDHAM BASKETBALL AUSSIE HOOPS FUN PACK

Weekly Skill Challenges

Drill with Video Link	Activity #1	Activity #2	Activity #3	Completed	Missed
<u>Week 1</u>	25 Right Hand / 25 Left Hand Pound Dribbles	25 Continuous Crossovers	15 2 Pound Dribbles to Crossover		
<u>Week 2</u>	1 minute Tennis Ball Reaction Drill	30 Seconds Right Hand Cone Pounds/30 Seconds Left Hand Cone Pounds	30 Seconds Right Hand Cone Circles/30 Seconds Left Hand Cone Circles		
<u>Week 3</u>	1 minute Tennis Ball Reaction Drill (Reverse)	20 Right Hand V Dribbles / 20 Left Hand V Dribbles	Dribble 2 Balls At Once		
<u>Week 4</u>	1 minute Target Bounce Passes	1 minute Chest Passes	1 minute 2 Cone Pass and Move		
<u>Week 5</u>	2 x 30 Seconds Defensive Slides	Tennis Ball Side to side Reaction Drill	Dribble, Jump-Stop, Pivot Drill		



WYNDHAM BASKETBALL AUSSIE HOOPS FUN PACK

Aussie Hoops Word Scrabble Answers

1. BATSBLAEKL - **Basketball**

2. ARTSAILAU - **Australia**

3. OSOHP - **Hoops**

4. ROMEOSB - **Boomers**

5. PSAOL - **Opals**

6. ICNAHPOM - **Champion**

7. IOLCMPYS - **Olympics**

8. SAML NKUD – **Slam Dunk**

9. OGLD - **Gold**

10. HWMADYN – **Wyndham**



WYNDHAM BASKETBALL AUSSIE HOOPS FUN PACK

WORD SEARCH ANSWERS

H	K	I	E	K	I	Z	L	Z	I
Y	O	Y	K	U	G	E	I	L	T
X	S	O	D	G	S	W	V	E	X
L	U	S	P	J	E	V	E	I	T
H	V	G	A	S	O	M	L	S	F
V	L	W	V	P	T	C	B	S	X
X	T	P	Q	O	E	U	B	U	H
G	D	B	O	N	U	E	I	A	T
W	N	H	V	U	L	T	R	Z	C
G	S	M	K	B	B	C	D	A	N

PASS SHOOT DRIBBLE

HOOPS AUSSIE



WYNDHAM BASKETBALL AUSSIE HOOPS FUN PACK

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- C. Opals
- D. Boomers

WYNDHAM BASKETBALL AUSSIE HOOPS FUN PACK

Fill In The Basketball Court Diagram Answers

Basketball Court Diagram

