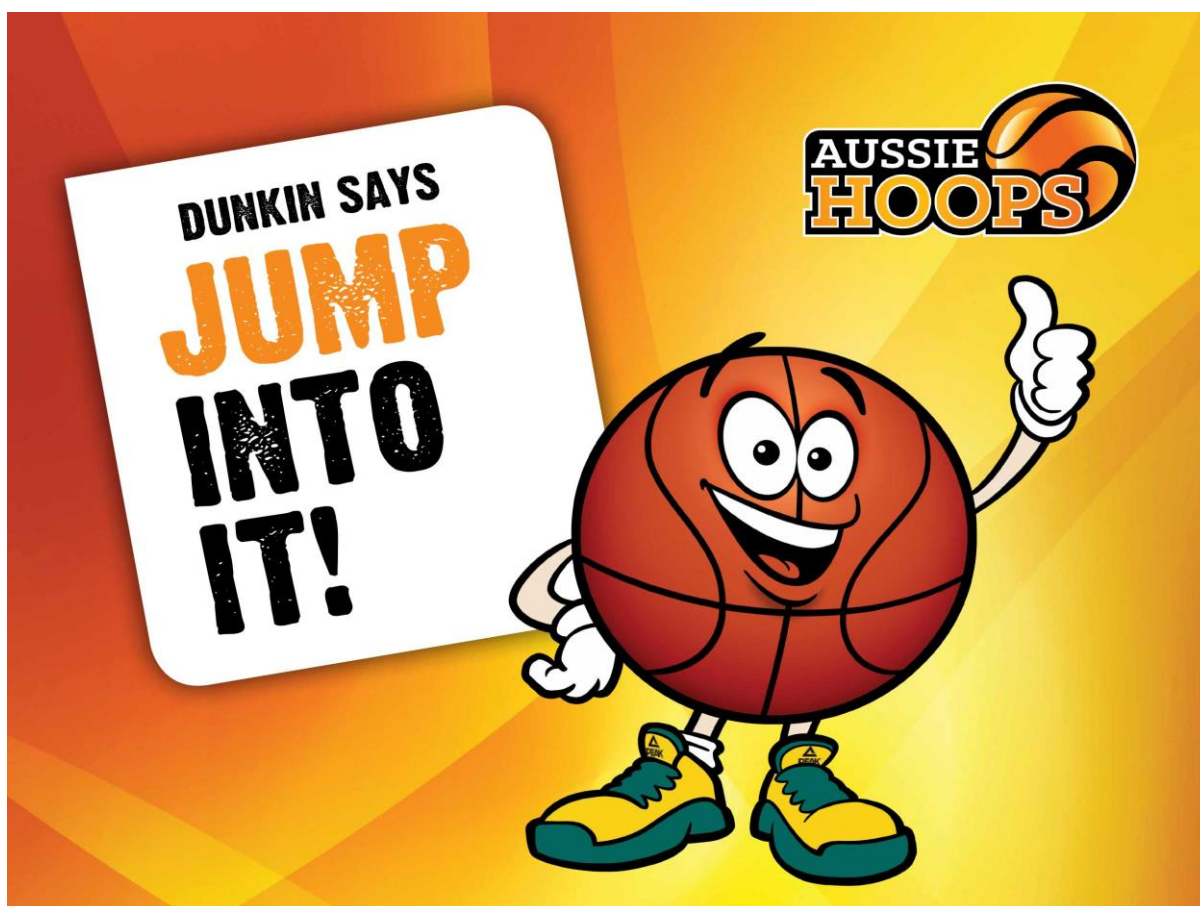


## WYNDHAM BASKETBALL AUSSIE HOOPS FUN PACK

Attention all current and future Aussie Hoops Superstars! The Wyndham Basketball Association takes the development of its athletes very seriously. Aussie Hoops is an important part of our player pathway and we want to do all we can to stay connected with our community during these hard times. Below you will find an Aussie Hoops fun pack that is full of activities and weekly skill challenges to keep you active over the next few weeks. Although unnecessary, we would like to encourage you to send us video or photo updates as you work your way through this pack. You just may get featured on our Wyndham Basketball Association Facebook page! Any questions, concerns, or updates please feel free to contact WBA Basketball Development Officer Emilee Harmon at [emilee.harmon@werribeebasketball.com](mailto:emilee.harmon@werribeebasketball.com).





## WYNDHAM BASKETBALL AUSSIE HOOPS FUN PACK

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- 6. Fill In The Basketball Court Diagram**
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- 16. Multiple Choice Quiz Answers**
- 17. Fill In The Basketball Court Diagram Answers**

**HAVE FUN!!!**



## WYNDHAM BASKETBALL AUSSIE HOOPS FUN PACK

# Aussie Hoops Word Scrabble

1. BATSBLAEKL -

2. ARTSAILAU -

3. OSOHP -

4. ROMEOSB -

5. PSAOL -

6. ICNAHPOM -

7. IOLCMPYS -

8. SAML NKUD -

9. OGLD -

10. HWMADYN -

## WORD SEARCH

H	K	I	E	K	I	Z	L	Z	I
Y	O	Y	K	U	G	E	I	L	T
X	S	O	D	G	S	W	V	E	X
L	U	S	P	J	E	V	E	I	T
H	V	G	A	S	O	M	L	S	F
V	L	W	V	P	T	C	B	S	X
X	T	P	Q	O	E	U	B	U	H
G	D	B	O	N	U	E	I	A	T
W	N	H	V	U	L	T	R	Z	C
G	S	M	K	B	B	C	D	A	N

**PASS      SHOOT      DRIBBLE**  
**HOOPS      AUSSIE**



## WYNDHAM BASKETBALL AUSSIE HOOPS FUN PACK

### Multiple Choice Quiz

1. How many points is a made basket inside the arch worth?

- A. Two
- B. Three
- C. One
- D. Four

2. What action do I take to get the basketball to my teammate?

- A. Shoot
- B. Dribble
- C. Pass
- D. Walk It to them

3. During a game - how many players in total are allowed on the court at once?

- A. Five
- B. Ten
- C. Eight
- D. Twelve

4. What is the name of the Australian Women's Olympic Basketball Team?

- A. Quartz
- B. Kangaroo's
- C. Boomers
- D. Opals

5. During a game if I move more than 2 steps without dribbling the basketball; it is call a what?

- A. A Charge
- B. A Carry
- C. A Foul
- D. A Travel

6. 4. What is the name of the Australian Men's Olympic Basketball Team?

- A. Quartz
- B. Kangaroo's
- C. Opals
- D. Boomers

## WYNDHAM BASKETBALL AUSSIE HOOPS FUN PACK

# Fill In The Basketball Court Diagram

Sidelines: **Red**

Baselines: **Blue**

Half Court Line: **Yellow**

Center Jump Circle: **Purple**

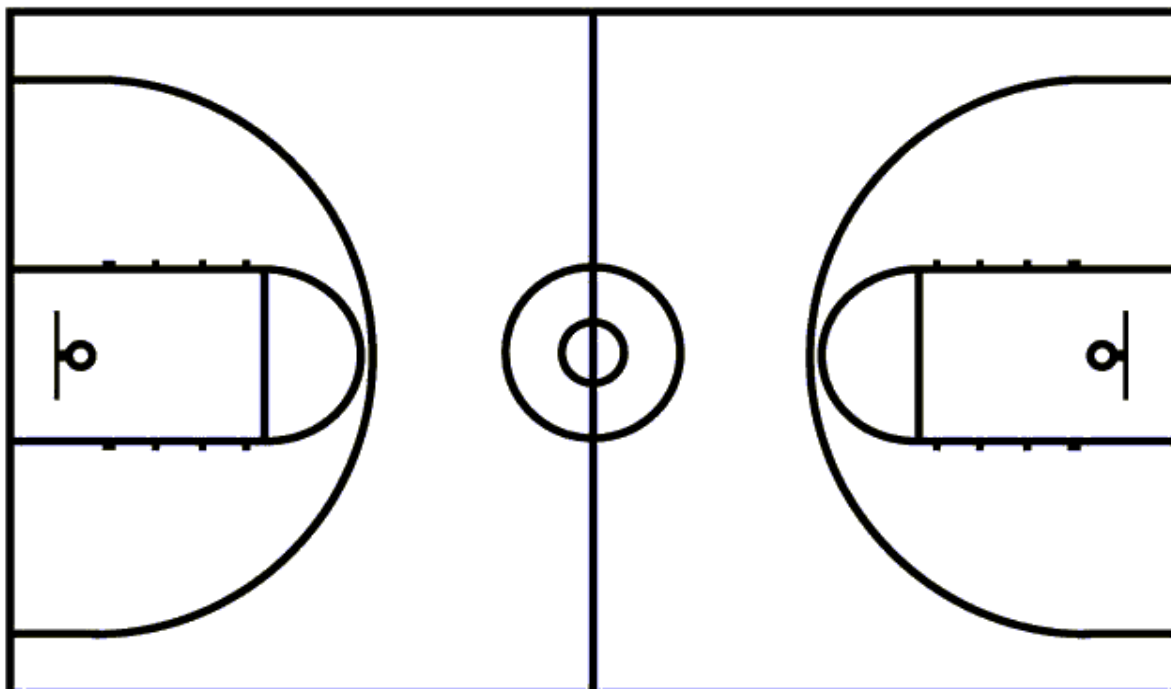
Free Throw Line: **Orange**

Three Point Arch: **Pink**

Inside The Three Point Arch: **Green**

Inside The "Lane", "Key", or "The Paint": Grey

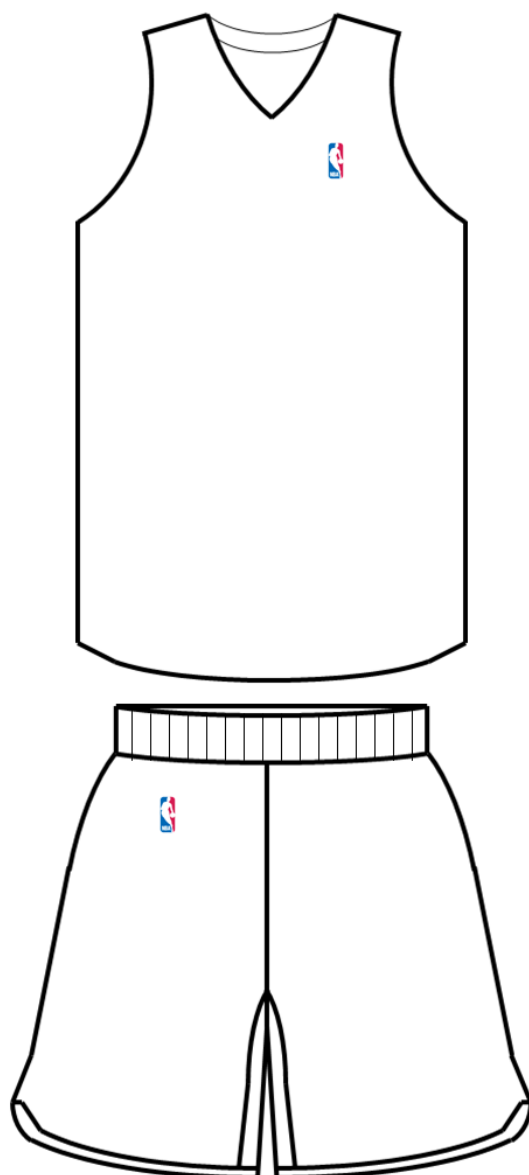
Both Half Courts: Color Of Your Choice



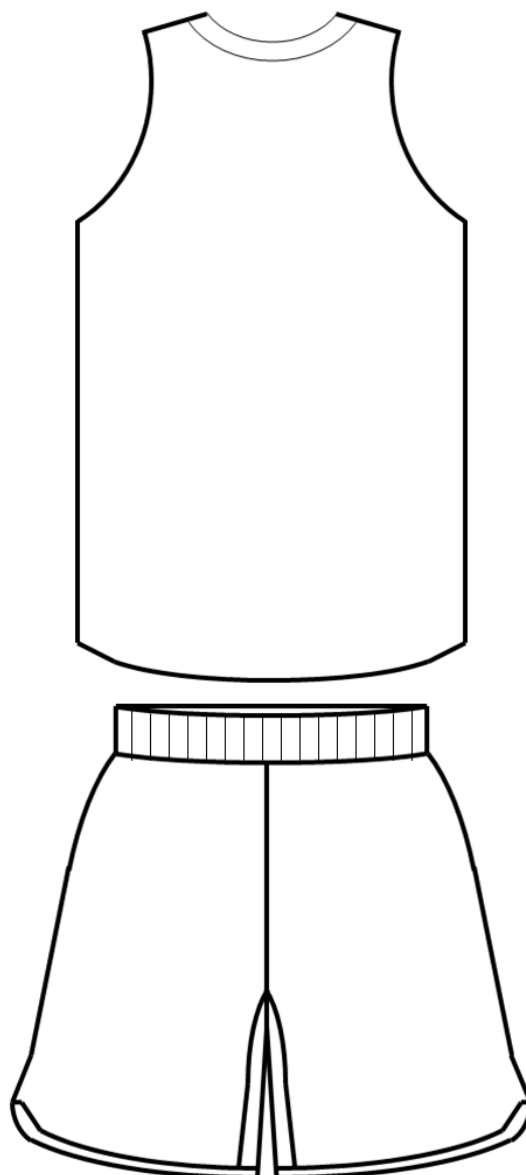
**WYNDHAM BASKETBALL AUSSIE HOOPS FUN PACK**

**Design your Own Wyndham Aussie Hoops Singlet**

**Front**

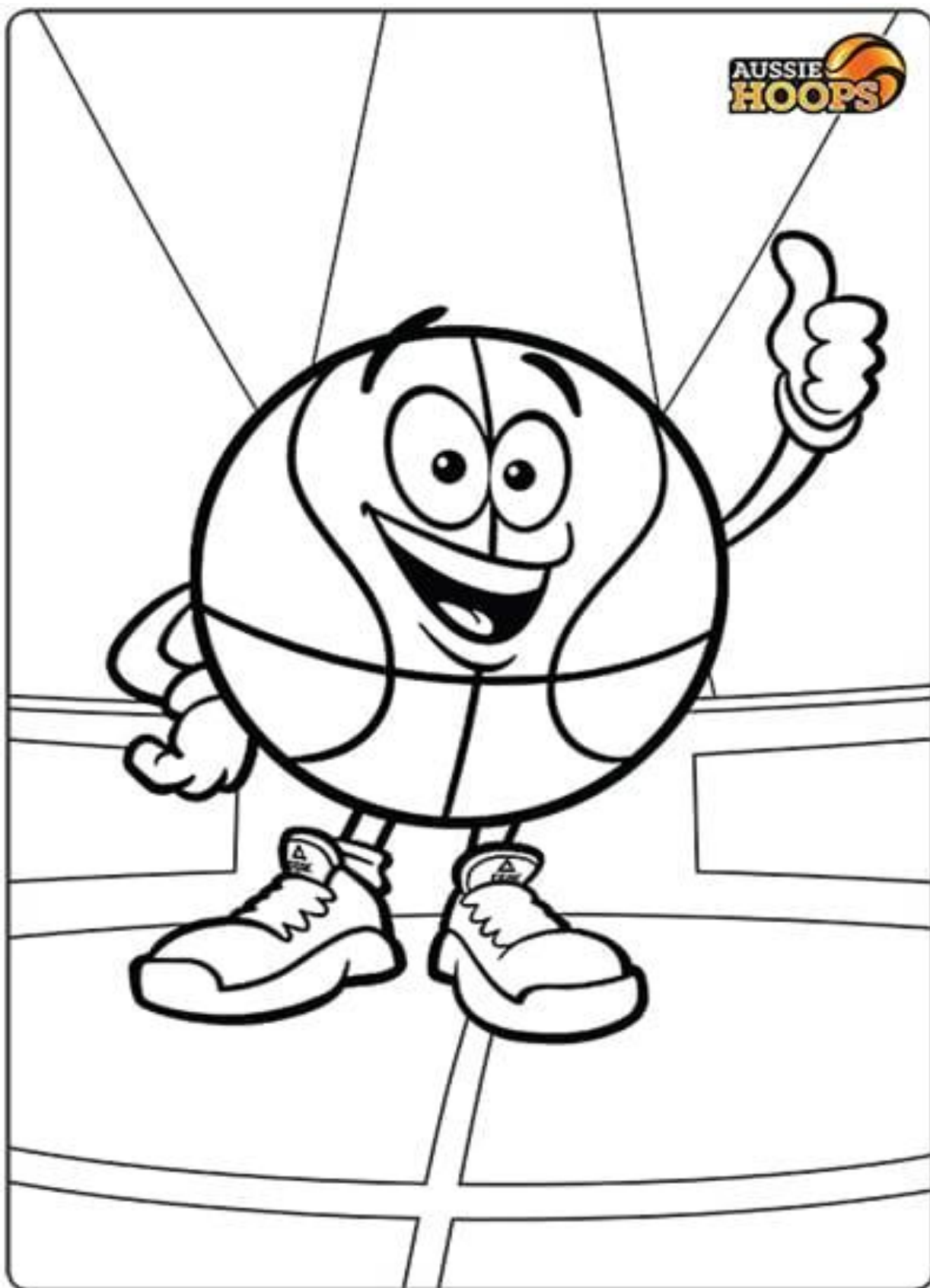


**Back**



WYNDHAM BASKETBALL AUSSIE HOOPS FUN PACK

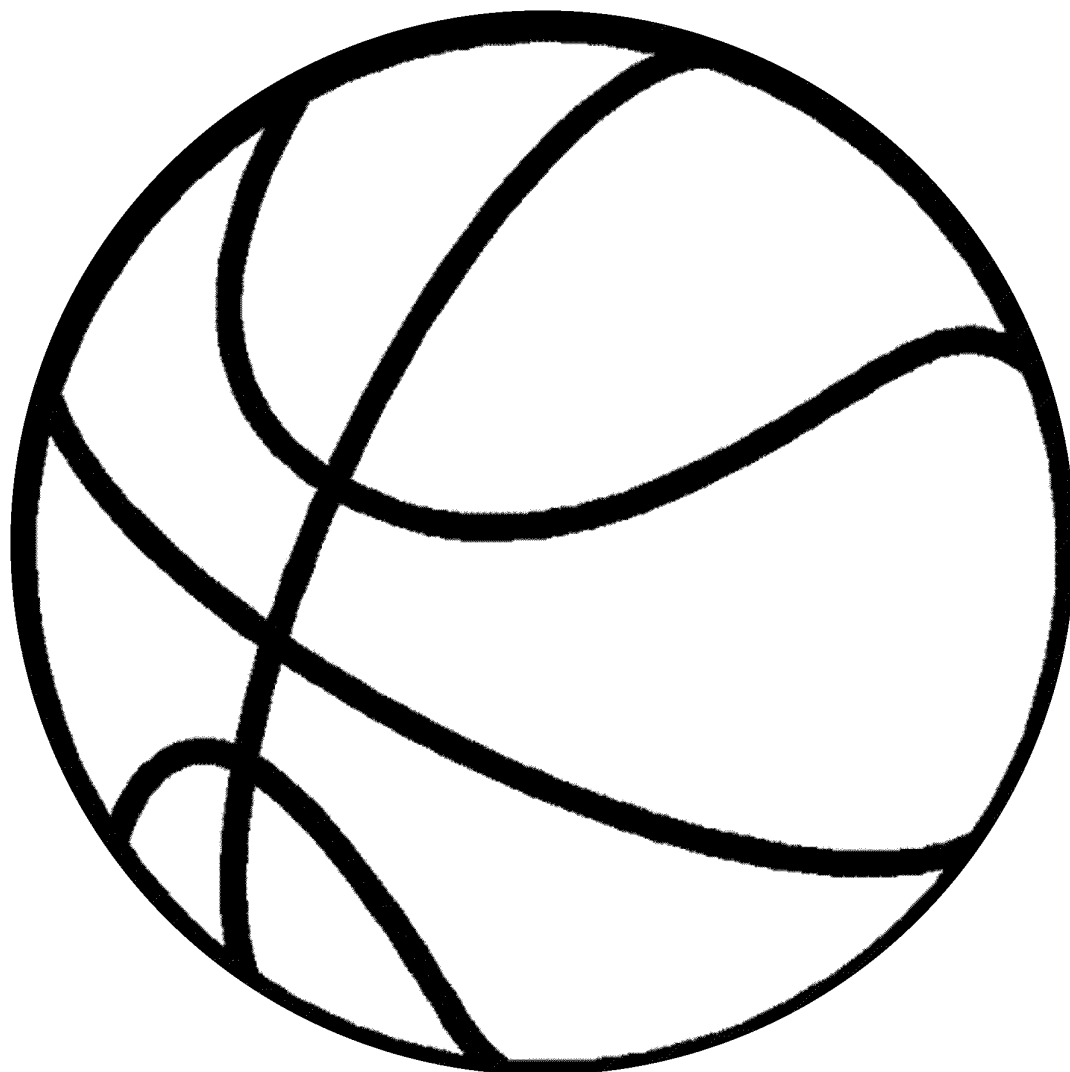
**Color In Dunkin'**





WYNDHAM BASKETBALL AUSSIE HOOPS FUN PACK

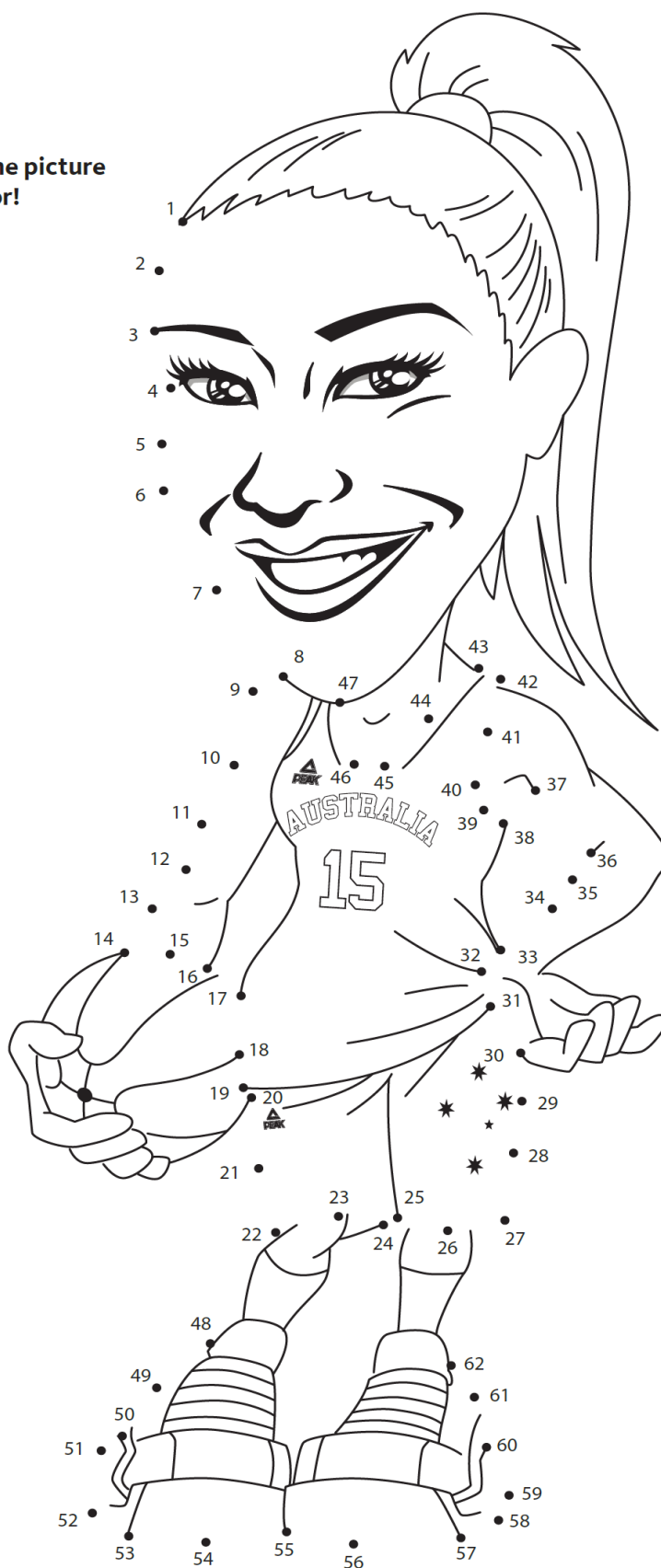
## Color In The Basketball



# WYNDHAM BASKETBALL AUSSIE HOOPS FUN PACK



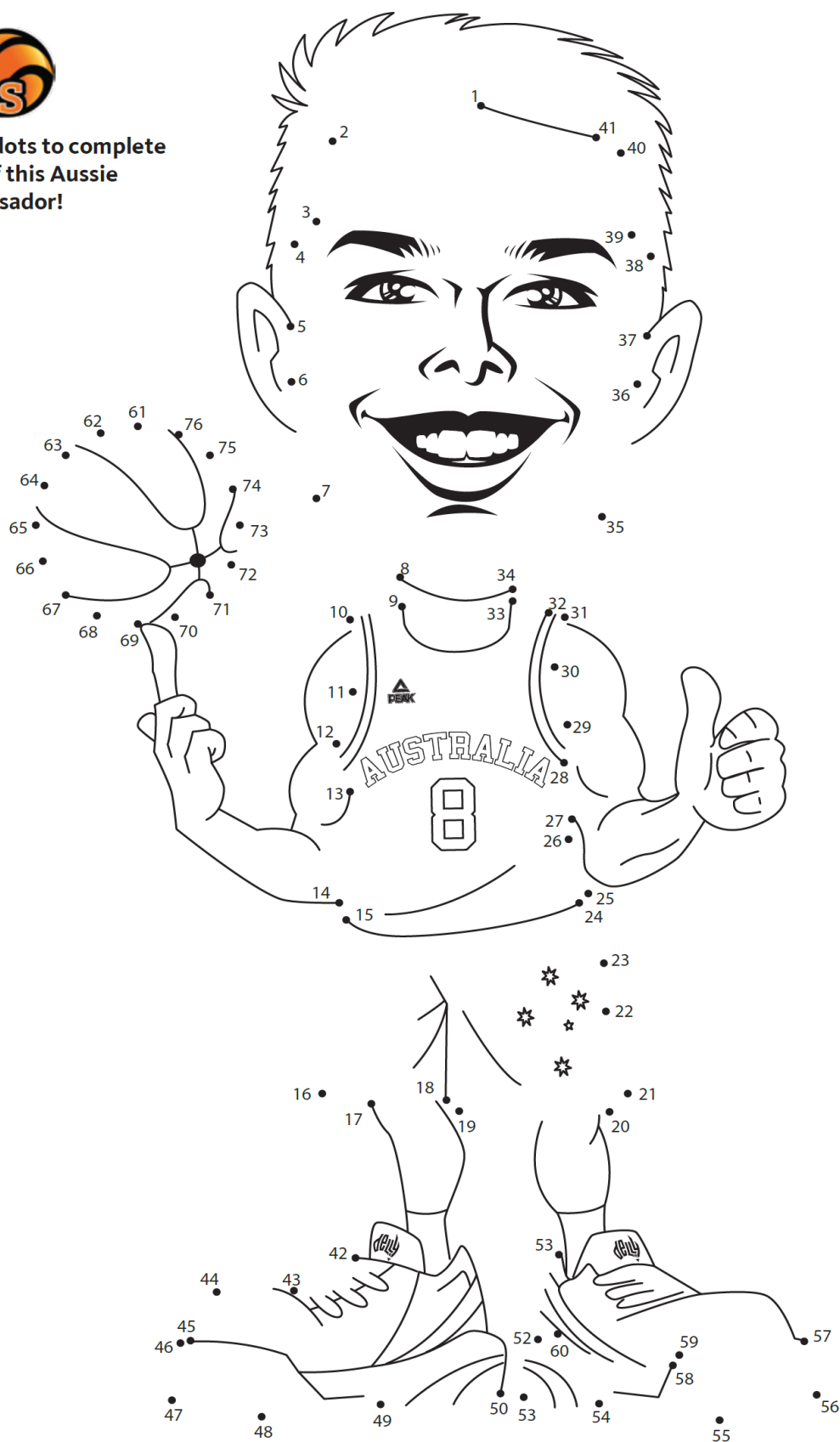
Connect the dots to complete the picture of this Aussie Hoops ambassador!



# WYNDHAM BASKETBALL AUSSIE HOOPS FUN PACK



Connect the dots to complete the picture of this Aussie Hoops ambassador!



## WYNHAM BASKETBALL AUSSIE HOOPS FUN PACK

### 1,000 Bounce Challenge!

Can you complete 1,000 bounces with your left and right hand? Color in as you go!



## WYNDHAM BASKETBALL AUSSIE HOOPS FUN PACK

### Weekly Skill Challenges

Drill with Video Link	Activity #1	Activity #2	Activity #3	Completed	Missed
<a href="#"><u>Week 1</u></a>	25 Right Hand / 25 Left Hand Pound Dribbles	25 Continuous Crossovers	15 2 Pound Dribbles to Crossover		
<a href="#"><u>Week 2</u></a>	1 minute Tennis Ball Reaction Drill	30 Seconds Right Hand Cone Pounds/30 Seconds Left Hand Cone Pounds	30 Seconds Right Hand Cone Circles/30 Seconds Left Hand Cone Circles		
<a href="#"><u>Week 3</u></a>	1 minute Tennis Ball Reaction Drill (Reverse)	20 Right Hand V Dribbles / 20 Left Hand V Dribbles	Dribble 2 Balls At Once		
<a href="#"><u>Week 4</u></a>	1 minute Target Bounce Passes	1 minute Chest Passes	1 minute 2 Cone Pass and Move		
<a href="#"><u>Week 5</u></a>	2 x 30 Seconds Defensive Slides	Tennis Ball Side to side Reaction Drill	Dribble, Jump-Stop, Pivot Drill		

## WYNDHAM BASKETBALL AUSSIE HOOPS FUN PACK

# Aussie Hoops Word Scrabble Answers

1. BATSBLAEKL - **Basketball**

2. ARTSAILAU - **Australia**

3. OSOHP - **Hoops**

4. ROMEOSB - **Boomers**

5. PSAOL - **Opals**

6. ICNAHPOM - **Champion**

7. IOLCMPYS - **Olympics**

8. SAML NKUD – **Slam Dunk**

9. OGLD - **Gold**

10. HWMADYN – **Wyndham**

## WORD SEARCH ANSWERS

H	K	I	E	K	I	Z	L	Z	I
Y	O	Y	K	U	G	E	I	L	T
X	S	O	D	G	S	W	V	E	X
L	U	S	P	J	E	V	E	I	T
H	V	G	A	S	O	M	L	S	F
V	L	W	V	P	T	C	B	S	X
X	T	P	Q	O	E	U	B	U	H
G	D	B	O	N	U	E	I	A	T
W	N	H	V	U	L	T	R	Z	C
G	S	M	K	B	B	C	D	A	N

PASS      SHOOT      DRIBBLE

HOOPS      AUSSIE



## WYNDHAM BASKETBALL AUSSIE HOOPS FUN PACK

### Multiple Choice Quiz Answers

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A. Quartz

B. Kangaroo's

C. Opals

**D. Boomers**



## WYNDHAM BASKETBALL AUSSIE HOOPS FUN PACK

### Fill In The Basketball Court Diagram Answers

Basketball Court Diagram

